

Celebration of Success



14714 Park Avenue Extension | Meadville, PA | 814.337.4228

Name: Jane Doe
Admitting Diagnosis: PVD of R foot
Admission Date: 2/23/2018
Discharge Date: 3/22/2018
Discharge Location: Home with family

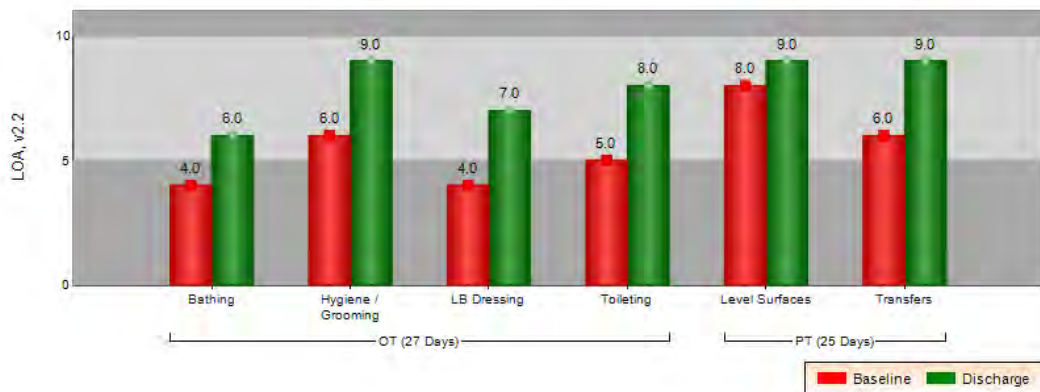


Rehab provided by
Tender Touch

Celebration of success story:

Jane Doe was admitted to AristaCare at Park Avenue Rehab after hospitalization for an infection in her right foot. Jane received Physical Therapy, Occupational Therapy and Speech Therapy 5 – 7 days per week to address functional mobility, gait, self care, stair climbing and safety skills. Jane achieved her Speech Therapy goals of short term memory skills and thought organization. In Occupational Therapy she was able to demonstrate independence with bathing, dressing and light housekeeping tasks through increased upper body strength and endurance training. Physical Therapy focused with Jane on lower body strengthening and transfers as well as improved safety and independence with ambulation. Jane achieved her goals and was able to return home independently with her son.

FUNCTIONAL OUTCOME MEASURES – REHAB



- 10.0 - Independent:** Independent with all components of task, with or without assistive device
- 9.0 - Supervision:** Supervision and/or cueing required to complete task
- 8.0 - Contact Guard Assist:** Hands-on cueing / guiding required to complete task
- 7.0 - Contact Guard / Minimal Assist:** Requires less than 30% assist to complete task
- 6.0 - Minimal Assist:** Requires 30% - 39% assist to complete task
- 5.0 - Minimal / Moderate Assist:** Requires 40% - 49% assist to complete task
- 4.0 - Moderate Assist:** Requires 50% - 59% assist from one caregiver to complete task
- 3.0 - Moderate Assist of 2 People:** Requires 60% - 69% assist from two caregivers to complete task
- 2.0 - Moderate / Maximal Assist:** Requires 70% - 79% assist to complete task
- 1.0 - Maximal Assist:** Requires 80% - 89% assist of one caregiver to complete task
- 0.5 - Maximal Assist of 2 People:** Requires 90% - 99% assist of two caregivers to complete task
- 0.0 - Total Dependence:** Does not attempt to initiate task

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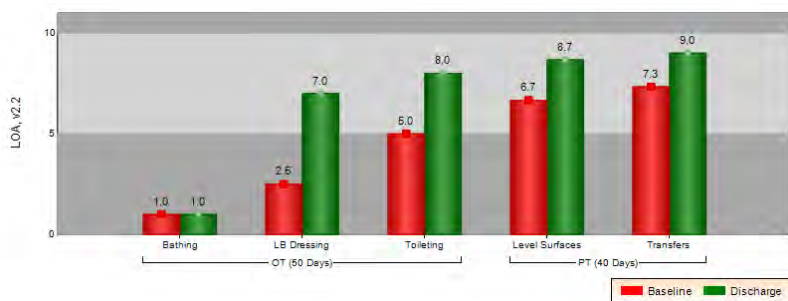


Name: Michelle Swasta
Admitting Diagnosis: M84.371D
Admission Date: 06/17/2018
Discharge Date: 11/13/2018
Discharge Location: Home

Celebration of success story

Michelle was admitted to AristaCare at Park Avenue Rehab after hospitalization post MVA resulting in a left ankle fracture and NWB status, for decrease in strength, functional mobility and reduced ADL participation. Michelle received Physical Therapy, Speech Therapy and Occupational Therapy 5 – 6 days per week to address functional mobility, gait, self care, safety awareness, pain management, compensatory strategies and safety skills. Michelle achieved her goals in Occupational Therapy, she was able to demonstrate independence with bathing, dressing, toileting, hygiene and grooming, Supervision to Modified Independence with housekeeping and cooking tasks through increased upper body strength and endurance, cognitive skills training and endurance training. Physical Therapy focused with Michelle on lower body strengthening, standing balance and endurance activities, as well as gait training. She demonstrated independence with use of a front wheeled walker for all functional gait and transfers through increased lower body strength and endurance. Speech Therapy was able to assist Michelle with improving her memory skills, problem solving and medication/money management tasks. Michelle made consistent progress during her stay here at AristaCare, and was able to return home Independent with the use of an assistive device, to live with her husband.

FUNCTIONAL OUTCOME MEASURES – REHAB



FUNCTIONAL SCORES

- 10.0 - Independent:** Independent with all components of task, with or without assistive device
- 9.0 - Supervision:** Supervision and/or cueing required to complete task
- 8.0 - Contact Guard Assist:** Hands-on cueing / guiding required to complete task
- 7.0 - Contact Guard / Minimal Assist:** Requires less than 30% assist to complete task
- 6.0 - Minimal Assist:** Requires 30% - 39% assist to complete task
- 5.0 - Minimal / Moderate Assist:** Requires 40% - 49% assist to complete task
- 4.0 - Moderate Assist:** Requires 50% - 59% assist from one caregiver to complete task
- 3.0 - Moderate Assist of 2 People:** Requires 60% - 69% assist from two caregivers to complete task
- 2.0 - Moderate / Maximal Assist:** Requires 70% - 79% assist to complete task
- 1.0 - Maximal Assist:** Requires 80% - 89% assist of one caregiver to complete task
- 0.5 - Maximal Assist of 2 People:** Requires 90% - 99% assist of two caregivers to complete task
- 0.0 - Total Dependence:** Does not attempt to initiate task