



Celebration of Success

1445 Sycamore Rd, Montoursville, PA 17754 (570) 601-8128

Name: Lesley S.

Admitting Diagnosis: Pneumonia, Depression

Admission Date: 2/28/18

Discharge Date: 3/15/18

Discharge Location: Home



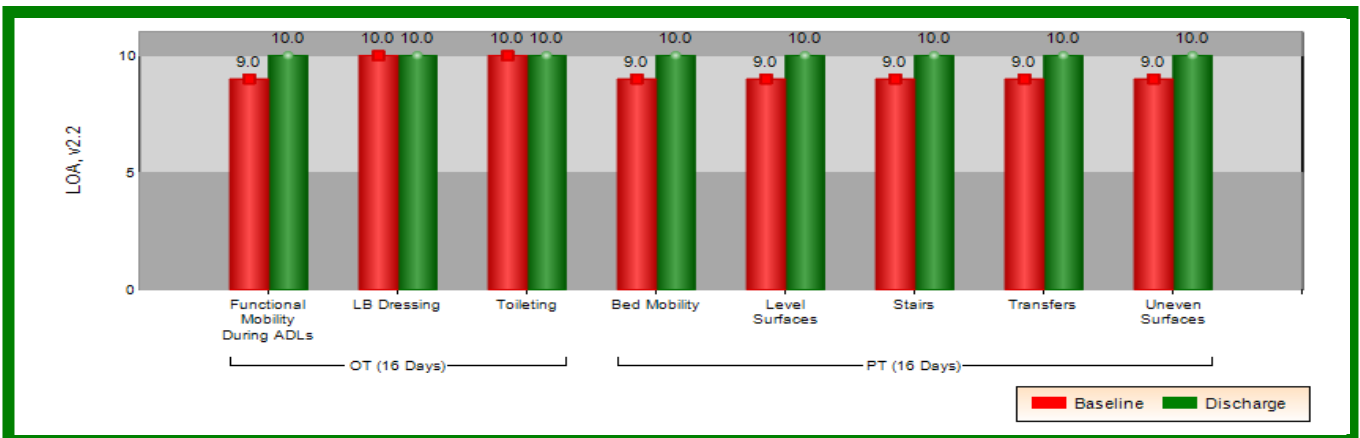
Rehab provided by
Tender Touch

"I didn't realize how weak I was following my hospitalization. Everyday tasks seemed impossible. Thanks to the therapy I received at AristaCare, I'm not only going home, but am able to go back to full time employment"

Celebration of success story

Lesley was admitted to AristaCare @ Loyalsock after hospitalization for Pneumonia. She was unable to return home and was receiving IV antibiotics. Lesley received physical therapy and occupational therapy 5 – 7 days per week to address functional mobility, gait, self care, stair climbing, strengthening, balance retraining, and safety skills. Lesley achieved her goals and was able to return home with her spouse at an independent level for all functional tasks.

FUNCTIONAL OUTCOME MEASURES – REHAB



PROGRESS OVERVIEW

Physical Therapy

* For transfers and ambulation, Lesley left at an Independent level without any assistive device.

Occupational Therapy

* For ADL's and IADL's, Lesley left at an Independent level.



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1445 Sycamore Rd. Montoursville, PA 17754 (570)601-8128

Name: Claudia Brust
Admitting Diagnosis: Pneumonia
Admission Date: 4/25/18
Discharge Date: 5/7/18
Discharge Location: Home



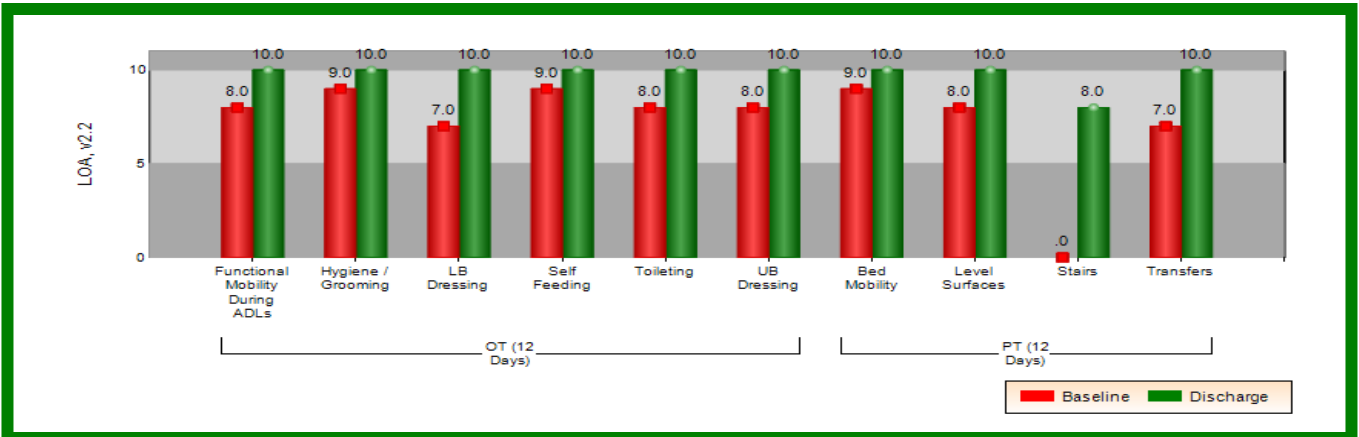
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"Therapy was great. I couldn't do it without you"

Celebration of success story

Claudia was admitted to AristaCare@Loyalsock after 8 day hospitalization for Pneumonia. She was unable to return home due to weakness and inability to care for herself. Claudia received physical therapy and occupational therapy 5 – 7 days per week to address functional mobility, gait, self care, stair climbing, strengthening, balance retraining, and safety skills. At evaluation, she scored a 17/28 on the Tinetti and a 60/100 on the Barthel. Claudia achieved her goals and was able to return home with her family at an independent level for all functional tasks. Her Tinetti improved to 27/28 and her Barthel improved to 95/100.

FUNCTIONAL OUTCOME MEASURES – REHAB



PROGRESS OVERVIEW

Physical Therapy: At DC, Claudia was Independent with transfers, ambulation (community distances without an assistive device), and climb >15 stairs.

Occupational Therapy : At DC, Claudia was Independent with dressing, grooming, and balance during ADL's.



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1445 Sycamore Rd. Montoursville, PA 17754 (570)601-8128

Name: Carol Painton
Admitting Diagnosis: Artificial hip joint
Admission Date: 10-2-18
Discharge Date: 10-19-18
Discharge Location: Home

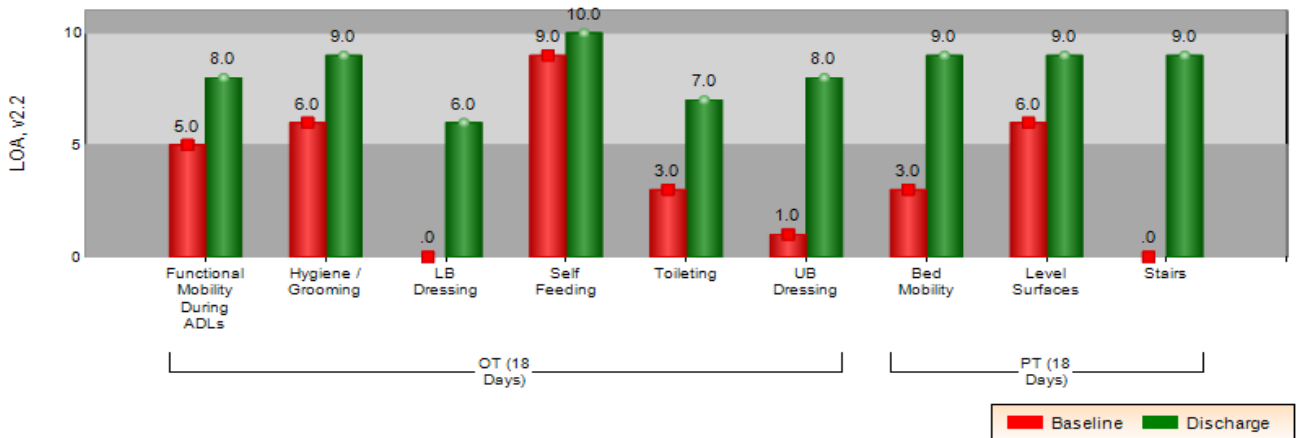


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Celebration of success story

Carol was admitted to Aristacare@Loyalsock on 10-2-18 after hospitalization for an artificial joint replacement. She received physical therapy and occupational therapy 5 – 7 days per week to address strengthening, gait training, self care with ADL's and stair training. Carol achieved her goals and was able to return home with her daughter a supervision level for functional mobility and minimal assist level for ADL's.

FUNCTIONAL OUTCOME MEASURES – REHAB



PROGRESS OVERVIEW

Physical Therapy Leg strength improve from 3-/5 to 4-/5 for affected limb. AROM was within functional limits, dynamic standing balance improve from fair – to good-, bed mobility improved from maximal assist x 2 to supervision and ambulation improved from 15' with min A to 350' with supervision.

Occupational Therapy The barthel index improved from 20/100 to 75/100. Bathing and dressing improved from maximal assist x 2 to minimal to moderate assist x 1 and toileting tasks improved from maximal assist x 2 to contact guard to min A x 1.