



# Celebration of Success

1401 Ivy Hill Road, Wyndmoor PA, 19150; (215)233-5605

**Name: Casey Harleston**  
**Admitting Diagnosis: Gastrointestinal Hemorrhage**  
**Admission Date: 3/6/2018**  
**Discharge Date: 3/23/2018**  
**Discharge Location: Home**

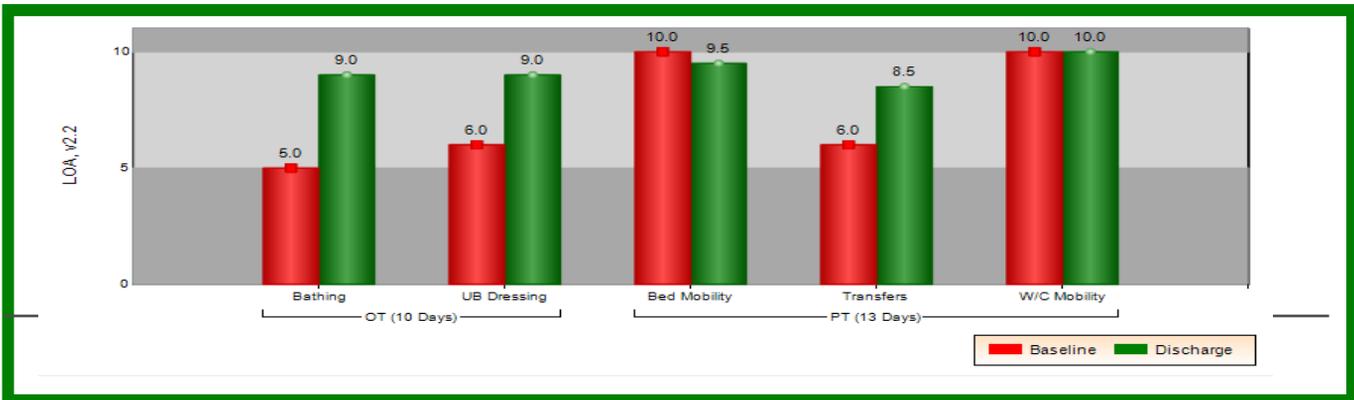


## Celebration of success story

Casey Harleston was admitted to Ivy Hill Rehab and Nursing Center on 3/6/2018 after a period of hospitalization with diagnosis of Gastrointestinal Hemorrhage. Casey also with long history or paraplegia due to history of complete SCI. During his stay here at Ivy he was receiving physical therapy and occupational therapy to address his deficits in functional mobility, transfers, ADL's and IADL's.

Casey achieved his goals and was able to return back to his apartment at wheelchair level living Independently.

### FUNCTIONAL OUTCOME MEASURES – REHAB



### PROGRESS OVERVIEW

#### Physical Therapy

On admission Casey required moderate assistance for transfers and functional mobility and was able to return to home at independent level at a wheelchair mobility level as prior;

#### Occupational Therapy

Carey presented with decline and need for moderate assistance with all ADLs, dressing, bathing; he achieved Supervision level for ADLs and self care upon discharge to home;



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**Name:** Mary Bryant  
**Admitting Diagnosis:** Falls  
**Admission Date:** 2/15/2018  
**Discharge Date:** 3/26/2018  
**Discharge Location:** Home

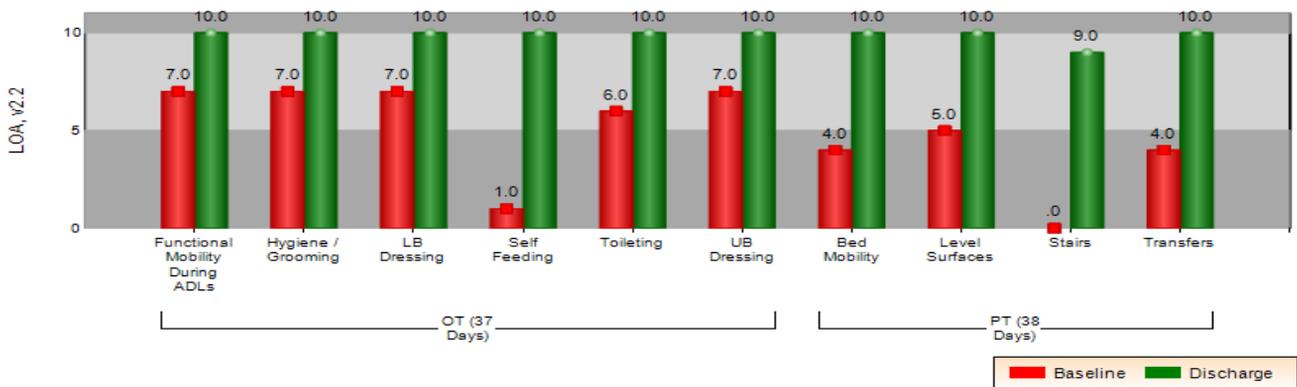


Rehab provided by  
Tender Touch

## Celebration of success story

Mary Bryant was admitted to Ivy Hill Rehab and Nursing on 2/15/2018 after hospitalization for falls and a history of Gout and Osteoarthritis. She received physical, occupational and speech therapies 5-7 days per week to address ambulation, transfers, ADL's and IADL's. Mary achieved her goals and was able to return home living with her husband of over 70 years!

### FUNCTIONAL OUTCOME MEASURES – REHAB



### PROGRESS OVERVIEW

#### Physical Therapy

Mary required moderate assistance with all mobility, transfers and ambulation with the rolling walker upon admission, maximal assistance with stair management. She was able to perform mobility independently upon discharge to home; she was able to negotiate stairs safely with supervision;

#### Occupational Therapy

When admitted, Mary required minimal assistance with all ADLs, moderate assistance with toileting; Upon discharge to home she was able to perform all ADL and self care activities Independently.

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**Name: Marie Poteat**  
**Admitting Diagnosis: Gastrointestinal Hemorrhage**  
**Admission Date: 3/19/2018**  
**Discharge Date: 4/11/2018**  
**Discharge Location: Home**

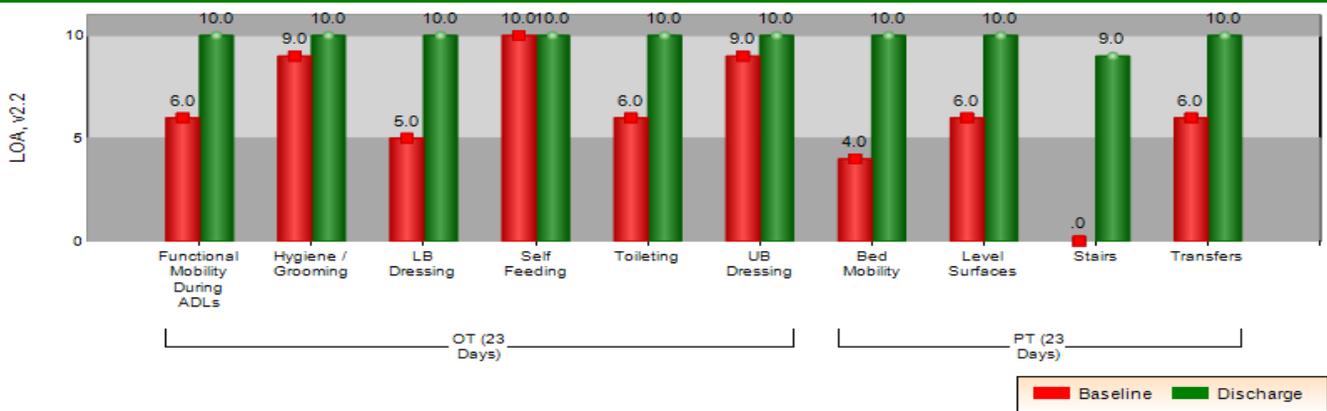


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## Celebration of success story

Marie Poteat was admitted to Ivy Hill Rehab and Nursing after a right hip replacement. At first, Marie was anxious and resistant to participation in rehab program. With constant encouragement and education, she received physical, occupational, and speech therapies 5 days per week to address functional mobility, transfers, ADL's and training to maintain hip precautions during all activities. Marie was able to overcome her initial anxiety and achieve her goals. She was successfully discharged home and is living independently.

### FUNCTIONAL OUTCOME MEASURES – REHAB



### FUNCTIONAL SCORES

- 10.0 - Independent:** Independent with task, with or without device;
- 9.0 - Supervision:** Supervision and/or cueing to complete task;
- 8.0 - Contact Guard Assist:** Hands-on cueing / guiding;
- 7.0 - Contact Guard / Minimal Assist:** Less than 30% assist;
- 6.0 - Minimal Assist:** Requires 30% - 39% assist to complete task;
- 5.0 - Minimal / Moderate Assist:** Requires 40% - 49% assist;
- 4.0 - Moderate Assist:** Requires 50% - 59% assist from one caregiver;
- 3.0 - Moderate Assist of 2 People:** Requires 60% - 69% assist from two ;
- 2.0 - Moderate / Maximal Assist:** Requires 70% -79% assist to complete;
- 1.0 - Maximal Assist:** Requires 80% - 89% assist of one caregiver;
- 0.5 - Maximal Assist of 2 People:** Requires 90% - 99% assist of two;
- 0.0 - Total Dependence:** Does not attempt to initiate task;



# Celebration of Success

1401 Ivy Hill Road, Wyndmoor PA, 19150; Phone: (215)233-5605

**Name:** Carrie Black  
**Admitting Diagnosis:** Orthostatic Hypotension  
**Admission Date:** 4/12/2018  
**Discharge Date:** 5/2/2018  
**Discharge Location:** Home with Daughter

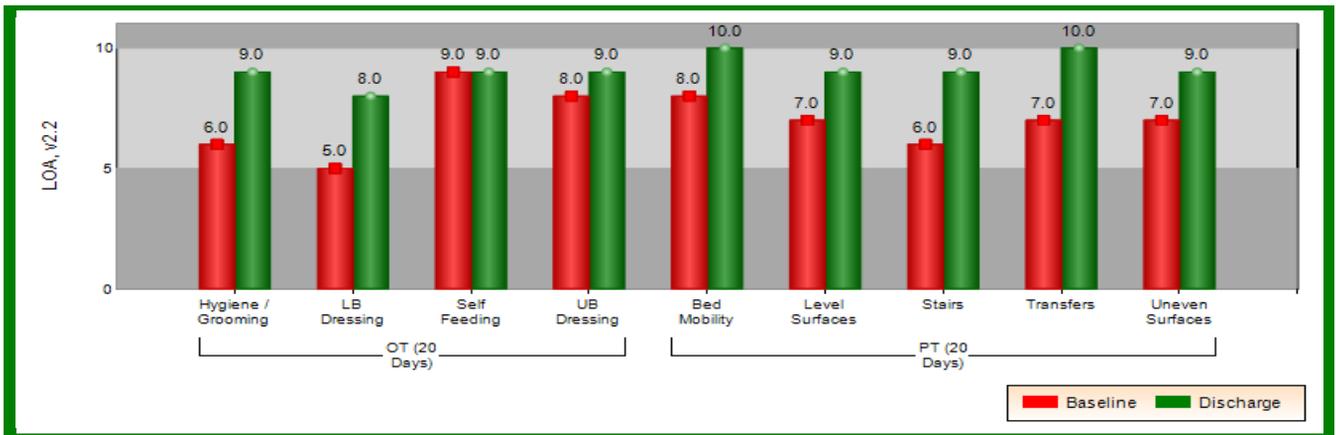


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## Celebration of success story

Carrie was admitted to Ivy Hill Rehab and Nursing with Orthostatic Hypotension and confusion. She was weak and had difficulty performing ADL's and mobility at her baseline level. By administering a patient specific treatment plan, including: Physical, Occupational and Speech Therapies, she began to perform ADL's and ambulation with supervision. Carrie was able to make significant improvement and is living in her own home, with her daughter.

### FUNCTIONAL OUTCOME MEASURES – REHAB



### PROGRESS OVERVIEW

**Physical Therapy:** Minimal to Moderate assistance for transfers and ambulation, Minimal to Mod A for bed mobility on admission; supervision to Independent for all mobility upon discharge;

**Occupational Therapy:** Min A for ADLs, Lower body dressing on admission; Achieved independence with all self care and ADLs for discharge to group home;

**Speech Therapy:** Received speech therapy for swallowing and was discharged on a house diet and nectar thick liquids



# Celebration of Success

1401 Ivy Hill Road, Wyndmoor PA, 19150; Phone: (215)233-5605

**Name:** Ruth Johns

**Admitting Diagnosis:** Femoral Neck Fracture

**Admission Date:** 3/8/2018

**Discharge Date:** 5/7/2018

**Discharge Location:** Home Independently

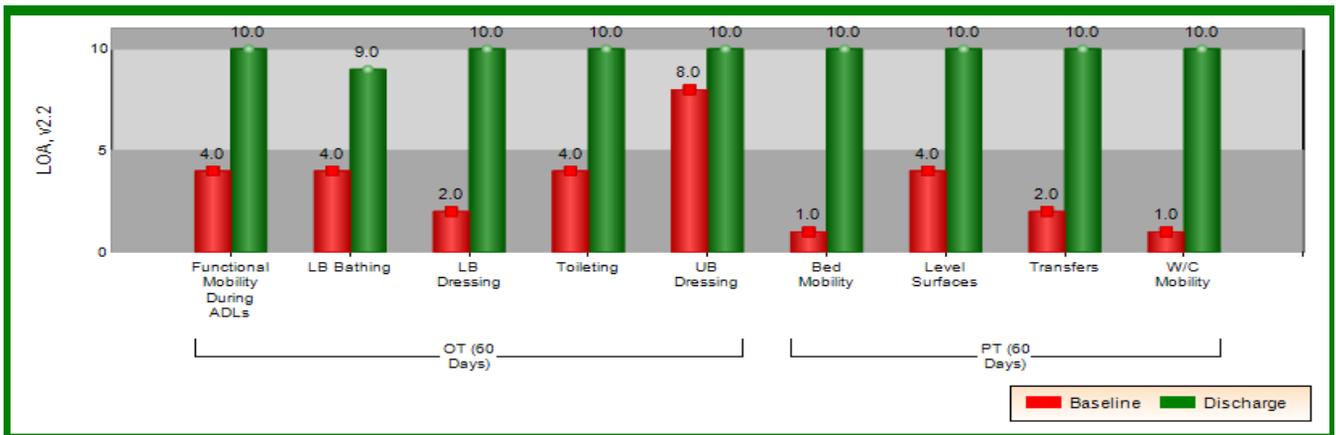


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## Celebration of success story

Ruth was admitted to Ivy Hill Rehab and Nursing with a right femoral neck fracture. She had pain with all mobility and had difficulty performing ADL's due to a history of Rheumatoid Arthritis. By administering a patient specific treatment plan, including: Physical, Occupational and Speech Therapies, she began to perform ADL's and ambulation with Independence. Ruth was able to make significant improvement and is living in her own home.

### FUNCTIONAL OUTCOME MEASURES – REHAB



### PROGRESS OVERVIEW

**Physical Therapy:** Minimal to Moderate assistance for transfers and ambulation, Minimal to Mod A for bed mobility on admission; supervision to Independent for all mobility upon discharge;

**Occupational Therapy:** Min A for ADLs, Lower body dressing on admission; Achieved independence with all self care and ADLs for discharge to group home;

**Speech Therapy:** Received speech therapy for swallowing and was discharged on a house diet and nectar thick liquids

# Celebration of Success



1401 Ivy Hill Road, Wyndmoor PA, 19150; Phone: (215)233-5605

**Name:** Cheryl Stovall

**Admitting Diagnosis:** Apophyseal Fracture of Right Femur

**Admission Date:** 2/2/2018

**Discharge Date:** 5/7/2018

**Discharge Location:** Home with Daughter

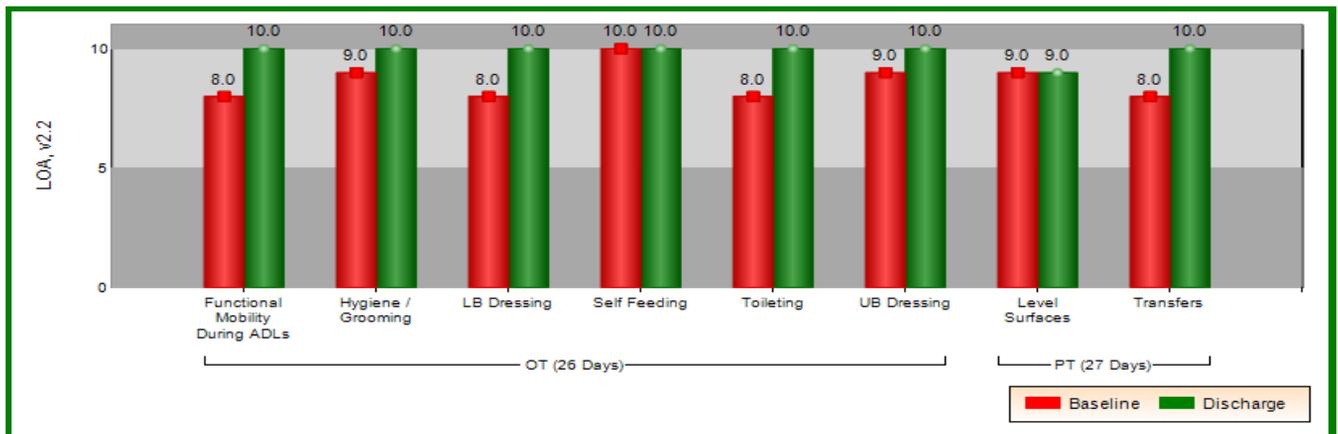


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## Celebration of success story

Cheryl was admitted to Ivy Hill Rehab and Nursing with a Right Femoral Fracture. She was weak and had difficulty performing ADL's and mobility at her baseline level. Cheryl was also limited due to partial weight bearing to right leg during healing. By administering a patient specific treatment plan, including: Physical, Occupational and Speech Therapies, she began to perform ADL's and ambulation with supervision. Cheryl was able to make significant improvement and is living in her own home, with her daughter.

### FUNCTIONAL OUTCOME MEASURES – REHAB



### PROGRESS OVERVIEW

**Physical Therapy:** Minimal to Moderate assistance for transfers and ambulation, Minimal to Mod A for bed mobility on admission; supervision to Independent for all mobility upon discharge;

**Occupational Therapy:** Min A for ADLs, Lower body dressing on admission; Achieved independence with all self care and ADLs for discharge to group home;

**Speech Therapy:** Received speech therapy for swallowing and was discharged on a house diet and nectar thick liquids

# Celebration of Success

14714 Park Avenue Extension | Meadville, PA | 814.337.4228



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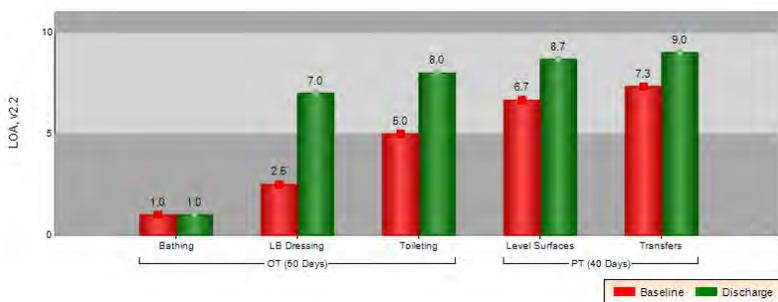


**Name: Michelle**  
**Admitting Diagnosis: M84.371D**  
**Admission Date: 06/17/2018**  
**Discharge Date: 11/13/2018**  
**Discharge Location: Home**

## Celebration of success story

Michelle was admitted to AristaCare at Park Avenue Rehab after hospitalization post MVA resulting in a left ankle fracture and NWB status, for decrease in strength, functional mobility and reduced ADL participation. Michelle received Physical Therapy, Speech Therapy and Occupational Therapy 5 – 6 days per week to address functional mobility, gait, self care, safety awareness, pain management, compensatory strategies and safety skills. Michelle achieved her goals in Occupational Therapy, she was able to demonstrate independence with bathing, dressing, toileting, hygiene and grooming, Supervision to Modified Independence with housekeeping and cooking tasks through increased upper body strength and endurance, cognitive skills training and endurance training. Physical Therapy focused with Michelle on lower body strengthening, standing balance and endurance activities, as well as gait training. She demonstrated independence with use of a front wheeled walker for all functional gait and transfers through increased lower body strength and endurance. Speech Therapy was able to assist Michelle with improving her memory skills, problem solving and medication/money management tasks. Michelle made consistent progress during her stay here at AristaCare, and was able to return home Independent with the use of an assistive device, to live with her husband.

## FUNCTIONAL OUTCOME MEASURES – REHAB



## FUNCTIONAL SCORES

- 10.0 - Independent:** Independent with all components of task, with or without assistive device
- 9.0 - Supervision:** Supervision and/or cueing required to complete task
- 8.0 - Contact Guard Assist:** Hands-on cueing / guiding required to complete task
- 7.0 - Contact Guard / Minimal Assist:** Requires less than 30% assist to complete task
- 6.0 - Minimal Assist:** Requires 30% - 39% assist to complete task
- 5.0 - Minimal / Moderate Assist:** Requires 40% - 49% assist to complete task
- 4.0 - Moderate Assist:** Requires 50% - 59% assist from one caregiver to complete task
- 3.0 - Moderate Assist of 2 People:** Requires 60% - 69% assist from two caregivers to complete task
- 2.0 - Moderate / Maximal Assist:** Requires 70% - 79% assist to complete task
- 1.0 - Maximal Assist:** Requires 80% - 89% assist of one caregiver to complete task
- 0.5 - Maximal Assist of 2 People:** Requires 90% - 99% assist of two caregivers to complete task
- 0.0 - Total Dependence:** Does not attempt to initiate task